

Muharram Booklet  
1441/2019



الحسين مصباح الهدى وغنيته النجاة

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بسم الله الرحمن الرحيم

Dear young friends,

Salamon Alaikum,

I pray that you all be at the best status of Iman and health.

Alhamdulillah the month of Muharram arrived with many opportunities for us to enhance our knowledge and get closer to Allah through attending the programs for Imam Hussain (pbuh).

In Muharram we have a chance to focus on the life of Imam Hussain (pbuh) and his companions to learn from them and what made them successful in this world and hereafter.

Among the companion of Imam Hussain (pbuh) were some children and teenagers who were able to reach the highest levels of Iman and salvation. Qasim was the son of Imam Hasan (pbut) and was 13 years old, AbdulAllah was son of Imam Hasan (pbut) and was 11 years old, Aun and Muhammad were the sons of Hadhrat Zainab (pbut) and were 9 and 10 years old. These children became heroes for all of us even adults by teaching us bravery, courage, respect, honor, loyalty, sacrifice, how to follow the Imam of their time, and many other teachings. MashaAllah, you as Muslim children who love the Ahlulbait (pbut) are so blessed to have these examples in your life!

The story of Karbala shows us that in Islam age does not matter in the path of Iman and spirituality. Indeed you have a better opportunity to work on your Iman to strengthen your foundation.

Remember that in the near future the flag of Islam will be on your shoulders like the children of Karbala. You need to strengthen your roots and foundation in Islam now so that when you grow up you can successfully fulfill this responsibility.

To help you in this path, Alhamdulillah, we created this great booklet especially for you to become more familiar with Imam Hussain (pbuh) and his path.

I really encourage all of you to take advantage of this booklet and try to learn and practice the lessons it holds. Don't be content with only reading it during your class; even during the day make sure you open this booklet and review what you learned.

Prophet Muhammad (pbuh) said:

إِنَّ الْوَلَدَ الصَّالِحَ زِيْحَانَةٌ مِنْ رِيَّاحِينَ الْجَنَّةِ

A righteous child is a flower from the flowers of heaven

You are all pure and dear to Allah and the Ahlulbait, make sure you keep this purity through following Allah and the Imam of our time Imam Mahdi (aj).

## **A short talk with parents/educators:**

Dear Parents,

Alhamdulillah, the Children's Committee at Islamic Center of Zahra (sa) was able to achieve another milestone and publish a great Muharram booklet for children aged 7-12 years old. This is the result of many hours spent on researching, designing, preparing and forming this booklet.

In this booklet we have used different engaging psychological and educational skills to present a more beneficial project.

The main focus of this booklet is on:

- 1- **Critical thinking:** The activities and discussions are especially designed to encourage your child to think more about Islamic concepts. Instead of giving the answers immediately, we want them to think like researchers to be more engaged in the content and finally internalize the answers delivered by the instructor.
- 2- **Introducing related spiritual examples and role models:** Children love stories and heroes, we tried to introduce some age related heroes of Karbala to them so the events of Karbala would be more relatable to them.
- 3- **Related Islamic vocabularies and traditions:** We want children to become more involved within the Islamic atmosphere by learning the special terminology. Also, related traditions specifically chosen for this age range will familiarize them with the teachings of the Ahlulbait (pbut).
- 4- **Attractive and engaging design:** This new design will encourage kids to pay more attention to the content and be more willing to go back to it at their own time.
- 5- **Easy to follow:** We wanted to create something that a child could read and learn on their own or in a class environment. Each lesson has 6 steps. Step 1 is activity, step 2 is discussion, step 3 is a vocabulary word, step 4 is hero of Karbala, step 5 is journal entry and finally step 6 Ziyarat of Imam Hussain (as). By following these steps, it will inshaAllah create a natural flow for learning.

Please follow up with what your children learn during their class and practice the content at home with them.

May Allah bless you and your families.

Sayed Hadi Yassin  
Resident Alim of  
Islamic Center of Zahra (ICZ)  
Muharram, 1441 (2019)

# LOYALTY



1

## Activity

Metaphor of Constructing a Building- Everyone gets one block. Build a strong foundation with everyone's blocks lined up and stacked together. This shows how strong the community is when everyone is loyal. Now choose a few students to become "disloyal". When they pull out their blocks, is the building as strong? Does it eventually fall apart?

2

## Discussion

Is loyalty important/valuable? To what/whom should we be loyal to? How do we decide what is worth being loyal to? How does being loyal help people? How does being disloyal hurt people? What do you understand from the related Hadith (in the index)?

3

## Vocab Word:

البيعة

(Bay'ah, pledge)

.....

When you pledge to someone you should try to fulfill your promise. The companions of Imam Husain (as) did this and until the end of their lives did not leave the Imam.

Like them we need to pledge to stay with the Imam of our time, Imam Mahdi (aj). Now that he is in occultation we should keep our pledge by following Islam.



# HERO OF KARBALA

## Muslim Ibn Aqeel

4

NIGHT 1

Muslim Ibn Aqeel was Imam Hussain (as)'s cousin

Thousands of Kufans asked Imam Hussain to come to Kufa lead them against Yazid because he was corrupt, so Imam Hussain asked Muslim Ibn Aqeel to go Kufa and make sure that they were loyal.

Muslim Ibn Aqeel spoke to the people of Kufa and thousands gave their bayah (support)

He wrote to Imam Hussain (as) to let him know that he should come to Kufa because the people would be loyal to him as their leader.

The Kufans betrayed him and left him alone. He was the first to be martyred for his Imam.

6

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ  
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وَعَلَى أَوْلَادِ الْحُسَيْنِ  
وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

5

Design a flag that represents what you are loyal to. Write an explanation.

# RESPECT



1

## Activity

Cut out the letters R-E-S-P-E-C-T. Color all of your letters one color. Now try to exchange letters with other students so that you have a different color for each letter. When you've collected a different color for each letter, glue them to a piece of paper. How did you act when you were trying to exchange letters with other students? If you had not asked to exchange letters nicely, do you think others would still want to give you a letter? (See index for letters)

2

## Discussion

When you were discussing respect with each other, how did you talk to each other? Did you say "please" and "thank you" when exchanging letters? What can we learn about respect from companions of Imam Hussain (a.s.)? How did they treat Imam Hussain (a.s.) and speak to him. What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

عزه  
(Izza, honor)

.....

Allah says in Quran: 63:8 that "honor belongs to Allah, and to His Messenger, and the believers". Therefore, if you are looking for the real honor and you want people to truly respect you, the only way is to find it in the path of Allah and Ahlulbait.

Why do people respect the martyrs of Karbala? Because they followed Allah and were dedicated to the Imam of their time. Therefore, we need to be dedicated to the Imam of our time, Imam Mahdi (aj).



# HERO OF KARBALA

Habib Ibn Mazahir

4

He was a pious and God-fearing man.

He refused to swear allegiance to Yazid, wrote letters to Imam Hussain and asked him for help. After Muslim bin Aqeel came to Kufa, he fully supported him.

After Muslim Bin Aqeel was martyred, Kufa was sealed off and no one could enter or leave Kufa. Habib wanted to join Imam Hussain but was not certain about where he was.

Imam Hussain wrote a letter and called him to join him in Karbala. After receiving the letter, Habib, along with his friend, left Kufa and joined Imam Hussain (a.s) in Karbala.

On the Day of Ashura, he was made the commander of the left flank of Imam Hussain's Army.

NIGHT 2

6

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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

5





# TRUTH



1

## Activity

Charades down the Line-Stand in a line and all face forward with the teacher standing at the back of the line. The teacher will tap the last student in line to turn around and will then act something out for only that person to see. That student should turn around and tap the person in front of him/her and act out the same thing. This should continue until the front of the line. The person at the front will then act out what he/she saw for all of the students to see. Then the teacher will act out the original action. Do both actions look the same or did it change over time? If the actions changed by the end of the line because of people's perceptions, does that change the original action of the teacher? What does this tell us about truth? Does it change based on other people's actions or perceptions?

2

## Discussion

How can we be sure that we are on the side of truth? Can you give an example from your own life that you were truthful? Do you think keeping our promises is part of being truthful? Were people of Kufa truthful? How about companion of Imam Husain (pbuh)? Why? What should we learn about truth from people of the time of Imam Husain (pbuh)? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

حق  
(Haq)

.....

Prophet Muhammad said: Truth is with Imam Ali (pbuh) and Imam Ali is with truth, truth is wherever he is, and he is always with truth. This hadith means that the path of Ahlulbait (pbut) is the best path towards salvation and success. Whoever wants to find the real truth should find it in the path of Ahlulbait which is the real Islam. At this time we should find the truth in the path of Imam Mahdi (aj) by praying for his reappearance and supporting him when he comes back.

# HERO OF KARBALA

Wahab Ibn AbdulAllah

Wahab was born as Christian and converted to Islam later by Imam Husain (pbuh).

He joined the army of Imam Hussain (a.s) along with his wife and mother. The akhlaq and religious charisma of Imam (a.s) kept him in Karbala despite the dangerous situations over there.

Wahab went in the battlefield to fight for Imam Hussain (a.s) and was martyred in the path of Allah by defending his Imam.

His mother and wife also converted to Islam and showed a lot of bravery in Karbala by encouraging Wahab to sacrifice himself to defend Imam Hussain (a.s)

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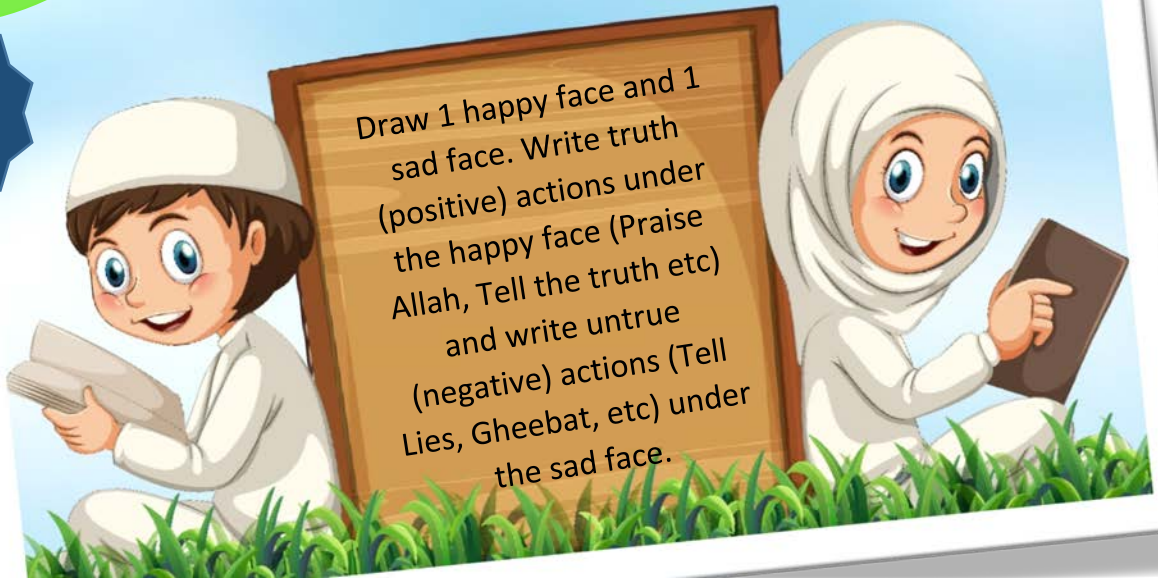
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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Draw 1 happy face and 1 sad face. Write truth (positive) actions under the happy face (Praise Allah, Tell the truth etc) and write untrue (negative) actions (Tell Lies, Gheebat, etc) under the sad face.



# FORGIVENESS

عَلَيْهِمُ السَّلَامُ  
عَلَيْهِمُ السَّلَامُ

1

## Activity

Akhlaq of asking for Forgiveness- Break into two groups (A and B). Each group should line up and face each other. Pretend there is a river of water between both groups and that group A is allowed to get water from the river, but blocks group B from taking any. Group A should pretend to get water and list all the ways they will use the water for. Is it fair for group B to go without these things? Group A should now try to make things right with Group B by asking for forgiveness.

2

## Discussion

How should you ask for forgiveness from the one another? How is asking for forgiveness from people different and/or similar to asking for forgiveness from Allah (s.w.t)? How should you forgive someone? How forgiving others benefit ourselves? Do you have an example for someone who asked for forgiveness and someone who forgave others? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

شهيد

(Shaheed)

.....

Allah said in Quran: 3:169

Never take those killed in the path of Allah as dead. Rather, they are alive with their Lord, well-provided.

Imam Hussain and his companions were killed in the path of Allah. Therefore, they are not dead because their path is always alive. That is why today we still remember them. Their path is the path of Iman and bravery in defending the truth.

## HERO OF KARBALA

## Hurr Bin Yazid Riyahi

Hurr was the Commander of the first group of Yazid's army dispatched from Kufa to intercept Imam Hussain (a.s). The group had approximately 1000 men.

He was ordered to follow Imam Hussain and his people and not allow them to go to Kufa or anywhere else.

When he met Imam Hussain's (a.s) caravan, he and his army was offered water by the Imam (a.s).

Imam Hussain told Hurr that he was on his way to Kufa on the invitation of thousands of people who did not want to swear allegiance to Yazid and would go back to Makkah if this was not the case.

Hurr realized that Ibn Ziyad will actually be fighting with Imam Hussain (a.s), he asked for forgiveness. Hurr joined the army of Imam and was martyred defending Imam.

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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Draw hands doing dua  
and write about  
something you would  
like Allah (swt) to  
forgive you for.





# BRAVERY



1

## Activity

Are you a brave person? In the index of this booklet on page 26 you will find a self-evaluation so you can find out for yourself

2

## Discussion

Is it hard to be brave? What can we do to help us be brave? When and where should we show our bravery? What are some examples in Karbala of bravery? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

شجاعة

(Shajaa, bravery)

.....

Believers are brave because they believe in Allah. As you heard even Aun and Muhammad who were kids were very brave and defended the truth and the Imam of their time. The best time to show your bravery is in the path of Allah and to defend the oppressed.

Bravery is to follow Islam, to be proud to be Muslim, and to announce it. Bravery means I admit to my mistakes and try to fix them by following the truth.

## HERO OF KARBALA

Aun & Muhammad:

Aun and Muhammad were the sons of Hadhrat Zainab and Abdullah Ibn e Jafar.

Just before Imam Hussain started his journey from Makkah, Abdullah sent his sons to Imam to help Imam and defend him.

Aun was nine and Muhammad was ten when the tragic incident of Karbala took place.

They show us that anyone at any age can be brave and be active in the path of Islam.

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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Draw a Shield and  
write what bravery  
means to you.



# PIETY



1

## Activity

Divide into groups of 8 or less students. In each group, one student should act as the one “to be distracted” and another student should act as “the distraction”. The object of the game is to protect the distracted student, who will stand in the center of the group’s tight circle. The “distraction” tries to tag the student in the center by reaching through the circle. Students from the circle should maneuver to keep the distraction out, but make sure you stay locked arm-in-arm. Repeat this game with different students being the distracted one and the distraction. Do the people we surround ourselves with impact how close we are to Allah? What kinds of people should we surround ourselves with in order to become more pious?

2

## Discussion

What is piety? Does refraining from sins also help in becoming pious? How does having Muslim friends’ support help you in becoming pious? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

تَقْوَا

(Taqwa, Piety)

.....

Allah said in Quran, 5:2:

تَعَاوَنُوا عَلَى الْبِرِّ وَالتَّقْوَىٰ وَلَا تَعَاوَنُوا عَلَى  
الْإِثْمِ وَالْعُدْوَانِ

Help each other in righteousness and piety, and do not help each other in sin and aggression.

Good friends should always help each other to follow Islam and its regulations. If you see your friends are doing something wrong, you need to forbid them from doing it, and if they don’t do what they are supposed to do, you need to help them to do it.

# HERO OF KARBALA

## Hadhrat Qasim

Hadhrat Qasim was the Son of Imam Hasan (a.s). He was three when Imam Hasan (a.s) was martyred.

At the time of Ashura, Qasim was thirteen years of age.

When Imam Hussain (a.s) asked him how he sees death, he replied that death is sweeter than honey to him.

Although he was young, he was very pious and brave. That is why he had the opportunity to fight alongside the other companion of Imam Hussain (a.s) and became martyred in his path.

Qasim was very dedicated to the Imam of his time Imam Hussain (a.s) and sacrificed himself for his Imam. He taught youth from all times to follow the Imam of their time and never do anything against his will.

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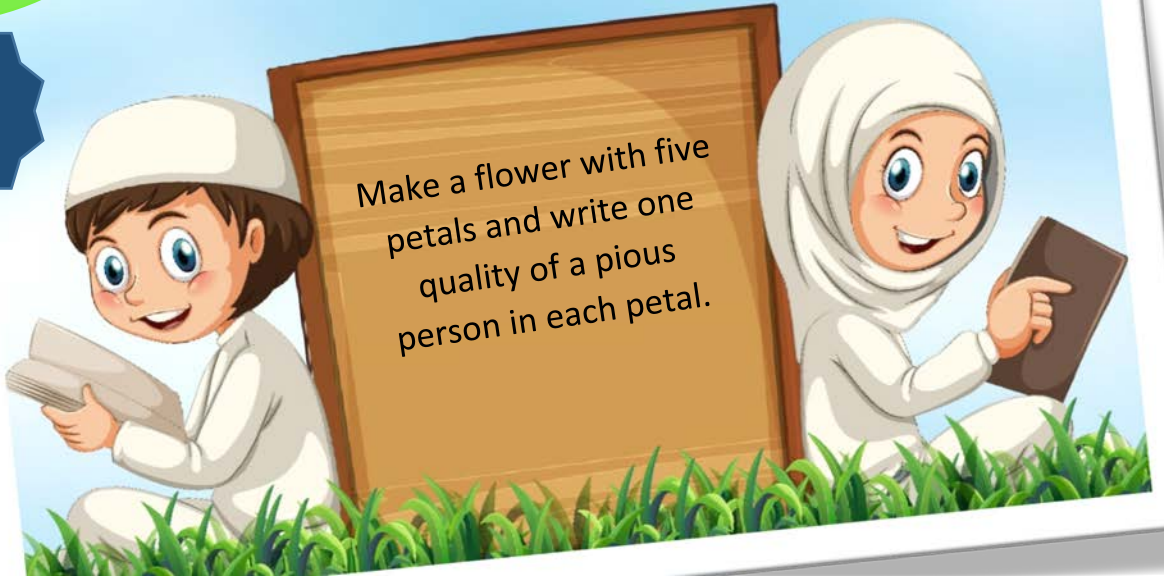
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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Make a flower with five petals and write one quality of a pious person in each petal.



# JUSTICE



1

## Activity

Give one half of the classroom nice construction paper and well-working scissors and the other half notebook paper and pairs of design scissors. Ask students to create paper dolls. Then, display the artwork and ask if it was just to provide the students with different quality of supplies and expect the same result?

2

## Discussion

What does justice mean? Can you think of things going on in the world today that are unjust? Why are unjust things happening? Is it important to have a just leader? If justice worth taking a stand for? Who is the leader today that will restore justice to earth? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

عدل

(Adl, justice)

.....

Allah says in Quran: 16:90  
Allah enjoins to do justice and to adopt good behavior.

Allah ordered us to observe justice in our life all the time. The best way to observe justice is the "Golden rule" that Imam Ali (a.s) mentioned: "treat others the way you like to be treated". If we kept this rule in mind, we would never oppress anyone or never violate the rights of others because we wouldn't like that to happen to us. When Imam Mahdi (aj) comes back, he will conduct full justice and gives people their full rights.

# HERO OF KARBALA

## Hazrat Ali Akbar

Hazrat Ali Akbar was the son of Imam Hussain (a.s).

He greatly resembled the Prophet (pbuh) in his appearance, speech and character. Imam Hussain (a.s) said whenever he missed his grandfather (pbuh), he would look at this son.

On the day of Ashura, Ali-al Akbar was the one to call out the adhan for fajr salaah.

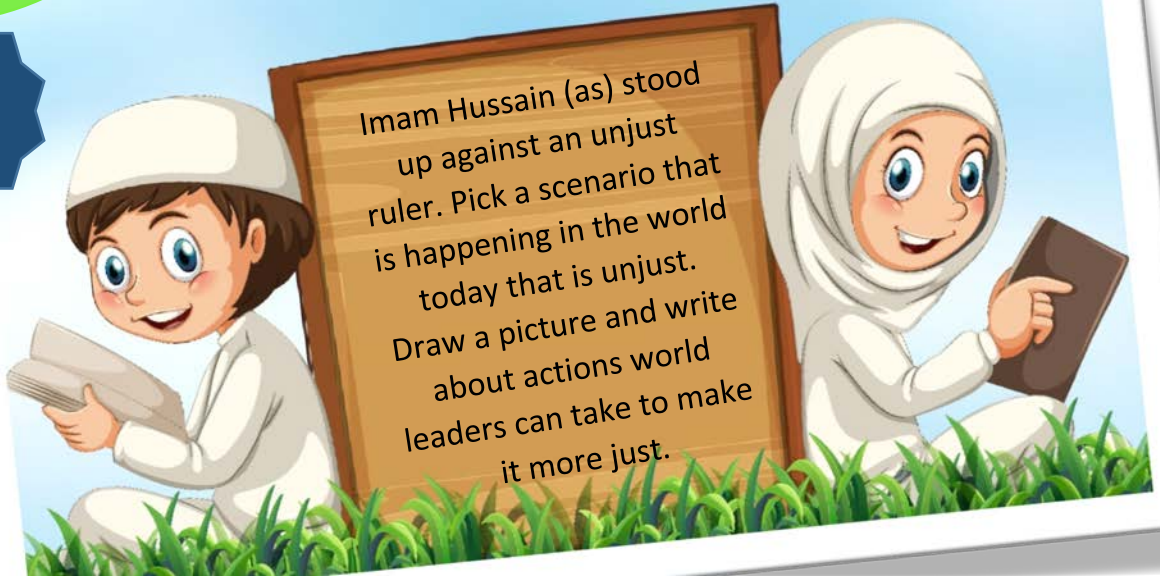
He was twenty five years of age when he got martyred in Karbala.

He was very brave and just. He sacrificed his life for the sake of justice and Islam in the path of defending the Imam of his time Imam Hussain (as).

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وَلَجَعَلَهُ اللَّهُ آخِرَ الْعَهْدِ مِنِّي لِزِيَارَتِكُمْ  
السَّلَامُ عَلَى الْحُسَيْنِ  
وَعَلَى عَلِيِّ بْنِ الْحُسَيْنِ  
وَعَلَى أَوْلَادِ الْحُسَيْنِ  
وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Imam Hussain (as) stood up against an unjust ruler. Pick a scenario that is happening in the world today that is unjust. Draw a picture and write about actions world leaders can take to make it more just.





# SACRIFICE



1

## Activity

Everyone receives 100 dollars of pretend money. The teacher will begin to conduct a fundraiser to purchase supplies for the Islamic center's kids program. Are you as a group able to raise enough money to reach the fundraising goal? Even though you all start with the same amount, are some students willing to give more than others? Why do you think some students are happy to sacrifice more of their belongings? (See index P. 27 for pretend money printable).

2

## Discussion

What is the meaning of sacrifice? Why is sacrifice important? Does making sacrifices show people what you care about? What are examples of sacrifices people make for the people that they love? Why do you think Imam Hussain (as) brought the women and children from his family to Karbala? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

الايثار

(Al Ithar)

.....

When you sacrifice your own rights for the sake of a better cause, you are doing "Ithar". All soldiers of Imam Hussain (a.s) did this by sacrificing their lives for him. The best one was Hadhrat Abbas who didn't even drink water when he could, just because the Imam and his family were thirsty. We should learn from him and sacrifice all of our wrong desires for the sake of Islam and the Imam of our time. By avoiding haram we can support Imam Mahdi (aj).

# HERO OF KARBALA

**Hazrat Abul Fadhlil Abbas**

Abbas ibn e Ali was known as "Qamr e Bani Hashim" meaning the moon of Bani Hashim".

He is highly revered for his loyalty to his brother the Imam of his time. He is one of the most righteous people in Islam.

Hazrat Abbas was also the commander of the army and called "Alamdaar" because he was the flag bearer for Imam Hussain's (a.s) army.

He was famous for his bravery and courage, especially when he went to get water from the Euphrates for the children of Imam Hussain (a.s).

He lost his arms before getting hit on his head and being martyred. He was buried and his shrine was built at the place where he fell from his horse.

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ

وَعَلَى الْأَرْوَاحِ الَّتِي حَلَّتْ بِفَنَائِكَ

عَلَيْكَ مَيِّ سَلَامُ اللَّهِ أَبَدًا مَا بَقِيَتْ وَبَقِيَ  
الَّيْلُ وَالنَّهَارُ

وَلَا جَعَلَهُ اللَّهُ آخِرَ الْعَهْدِ مَيِّ لِيُزَارِتَكُمْ

السَّلَامُ عَلَى الْحُسَيْنِ

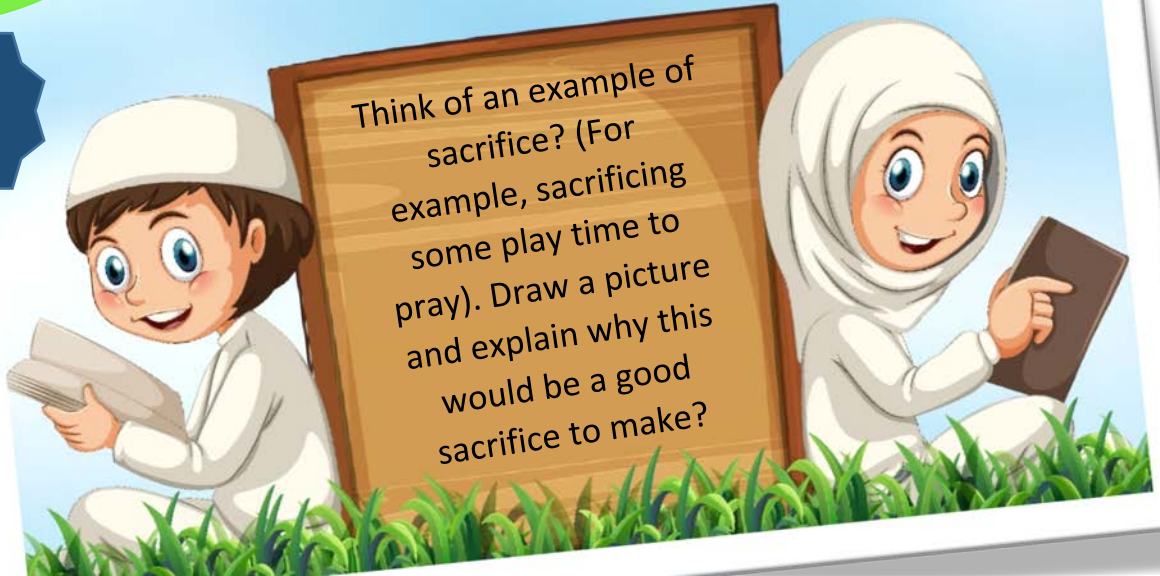
وَعَلَى عَلِيِّ بْنِ الْحُسَيْنِ

وَعَلَى أَوْلَادِ الْحُسَيْنِ

وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Think of an example of sacrifice? (For example, sacrificing some play time to pray). Draw a picture and explain why this would be a good sacrifice to make?





# COMPASSION

عليه السلام  
عليه السلام

1

## Activity

Divide into small groups. Act out one of the scenarios that may happen at your Islamic centers below and show the rest of the class what you would do to show compassion in the situation:

1. You are talking with friends before the program starts someone new who is sitting alone.
2. You see some toddlers being loud and making a big mess of their belongings. Their parent is struggling to calm them down and clean up.
3. You notice a person carrying a lot of items and is struggling to open the door.
4. You see a mess after dinner. Some volunteers are cleaning it up, but it would be faster to have more helpers.

2

## Discussion

What is compassion? Is compassion just a feeling or does it also require action? If a person sees someone suffering and feels bad, but doesn't act to help the person in need, do you think that shows compassion? Write one way that the Ahlul Bayt showed their compassion for others and put all of the papers in a jar. Pick a few out of the jar and discuss. Can you give an example of compassion in Karbala? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

رحم

(Rahm, Compassion)

.....

Prophet Muhammad (pbuh):  
Allah only has compassion  
towards those who have  
compassion toward others.

Allah wants us to love others and  
be kind to them. When others  
need our help we should help  
them and when someone is being  
oppressed we should rise to  
defend their rights. One of the  
best ways that you can practice  
compassion is to pray for the  
Zohur of Imam Mahdi (aj) to come  
back and help all oppressed ones.

# HERO OF KARBALA

## Ali Asghar

Ali Al Asghar was the youngest of Imam Hussain's (a.s) children.

He was only six months old at the time of Incident of Karbala and the youngest among the martyrs.

Ali Asghar was martyred on the hands of Imam Hussain.

He is the best proof for the ugliness of the army of Yazid and Bani Umayyah, and the truthfulness and innocence of Imam Hussain (a.s).

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ

وَعَلَى الْأَرْوَاحِ الَّتِي حَلَّتْ بِفِنَائِكَ

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وَلَجَعَلَهُ اللَّهُ آخِرَ الْعَهْدِ مَيِّ لِيُزَارِتَكُمْ

السَّلَامُ عَلَى الْحُسَيْنِ

وَعَلَى عَلِيِّ بْنِ الْحُسَيْنِ

وَعَلَى أَوْلَادِ الْحُسَيْنِ

وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Design a poster that encourages other to be compassionate in a specific situation. Write about where you would place this poster and why.



# DEDICATION



1

## Activity

On a board, write “My Students”. List out things that you are personally dedicated to. What are some things that you are willing to work on no matter what? Next to this list, make a list of things we are dedicated to as a community- based on our shared values as Shia Muslims. Compare these lists. Is there any overlap? What does that tell us about our shared values as a community?

2

## Discussion

What is the best thing that we should dedicate ourselves to? Do you think everyone’s level of dedication is the same? Why? How can you remain dedicated when things become very difficult? Does focusing on a clear intention help you stay dedicated? What are some ways Imam Hussain (as) and his companions showed us the importance of dedication? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

اخلاص

(ikhlaas, devotion)

.....

وَادْعُوهُ مُخْلِصِينَ لَهُ الدِّينَ, Quran, 7:29

And pray to Him sincerely.

The best actions are those that are done sincerely for the sake of Allah. The reason that people remember Imam Hussain (a.s) and take lessons from his life is because he sacrificed his life sincerely for the sake of Allah. We should practice only working and acting for Allah. This can include, going to school, studying, respecting parents, and helping others.

# HERO OF KARBALA

## Imam Hussain (as)

Imam Hussain (a.s) is the third Imam after his father, Imam Ali (a.s) and his brother Imam Hassan (a.s).

He is among the people of the cloak, Ahlal Kisaa.

He was the grandson of the Prophet Muhammad (pbuh).

He, along with his friends and family, got martyred on the 10th of Muharram in Karbala, Iraq.

Imam Hussain (a.s) and his supporters gave lives to save Islam from being changed by oppressors and unrighteous people like Yazid and his father Moavia.

Since his martyrdom, he's become an example for the world to stand against oppression and injustice.

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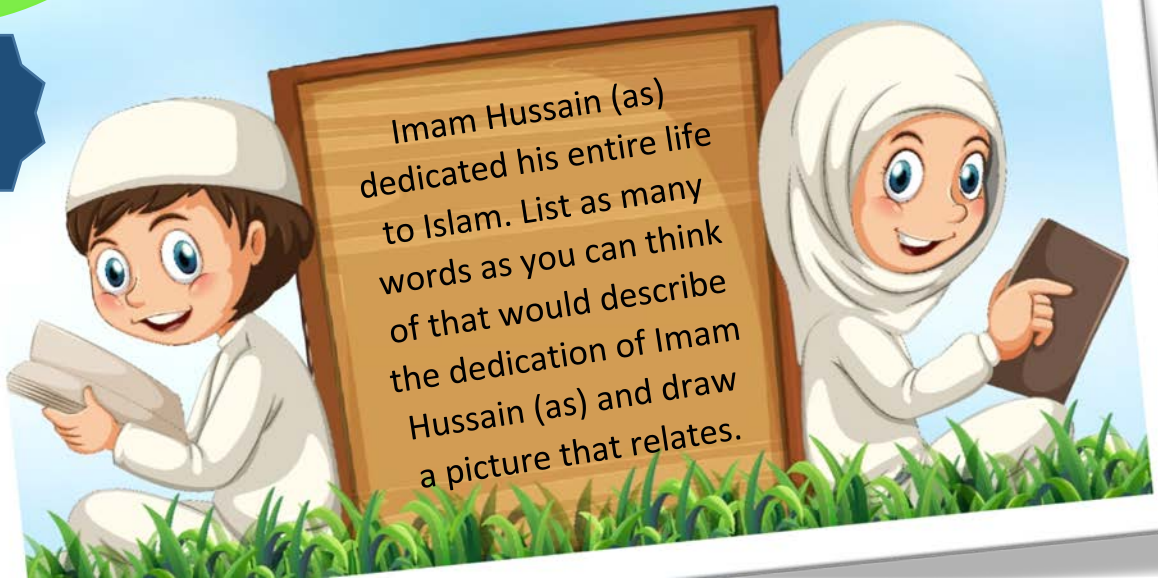
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وَعَلَى أَوْلَادِ الْحُسَيْنِ

وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

Imam Hussain (as) dedicated his entire life to Islam. List as many words as you can think of that would describe the dedication of Imam Hussain (as) and draw a picture that relates.





# PATIENCE



1

## Activity

Water Mixing Experiment- Fill two glasses of water. Dye one yellow and one red. Using a dropper, take a drop of the red water and drop it into the yellow. Did anything change? Keep patiently adding drops of red water to the yellow glass. What eventually happens? Would we have seen any change if we had not continued patiently?

2

## Discussion

When do we need to practice being patient? Why do we need to be patient? What makes being patient so hard? Is there something we can do to make ourselves more patient? How did Imam Hussain (as) and his companions exemplify patience? What do you understand from the related Hadith (in the index)?



3

## Vocab Word:

صبر

(Sabr)

.....

Success in this world is not achievable without patience. Sometimes we are being tested by Allah to measure our patience. Patience is especially important when we interact with others. One of the most important times that we should be patient and stay strong in the path of Allah is during the time of the occultation of Imam Mahdi (aj). We should stay steadfast in Islam and improve our spirituality to be ready to support him.

# HERO OF KARBALA

## Bibi Zainab (sa)

She was the oldest daughter of Imam Ali (a.s) and bibi Fatimah (s.a).

Bibi Zainab (a.s), along with the survivors of Imam Hussain's family were taken to Damascus as captives.

She gave the famous sermon in the court condemning Yazid's unjust actions and his treatment to the Ahlul bayt. This sermon is one of the most eloquent sermons given by any woman in history.

The role of Bibi Zainab (s.a) is exemplary. It showed how confident Muslim women were and how they had played a key role in consolidating the Islamic teachings.

The life of Bibi Zainab (s.a) is an inspiration for Muslims in general and women in particular to be courageous in the face of tyranny, patient in times of trouble and submissive to the will of Allah.

السَّلَامُ عَلَيْكَ يَا أَبَا عَبْدِ اللَّهِ

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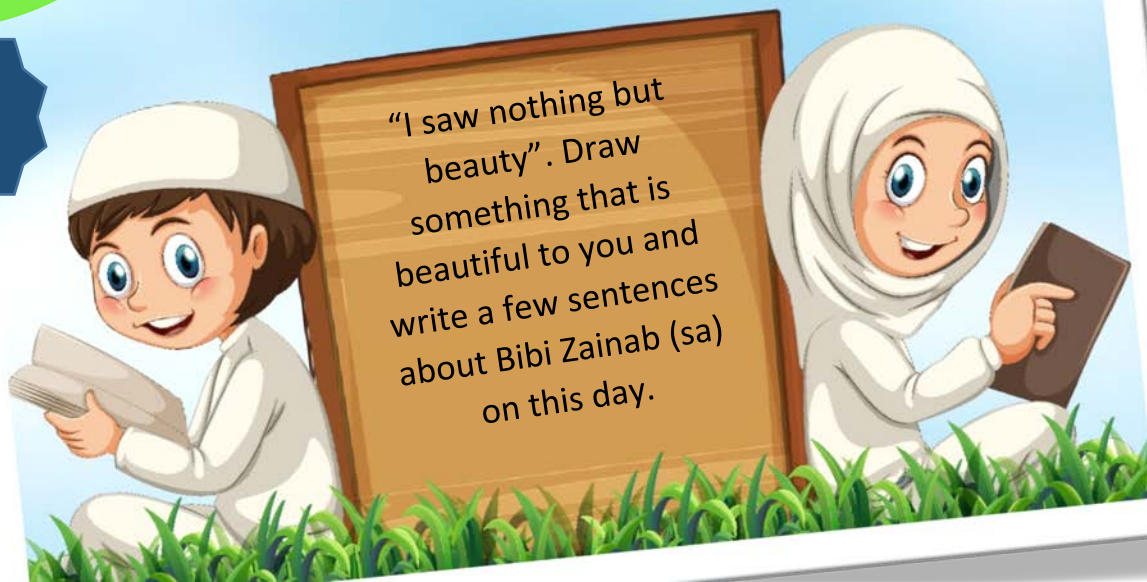
وَعَلَى عَلِيِّ بْنِ الْحُسَيْنِ

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وَعَلَى أَصْحَابِ الْحُسَيْنِ

## JOURNAL ENTRY

"I saw nothing but beauty". Draw something that is beautiful to you and write a few sentences about Bibi Zainab (sa) on this day.





Index  
Lesson 2, Activity (Page 5)

RESPECT



RESPECT



RESPECT



RESPECT



RESPECT



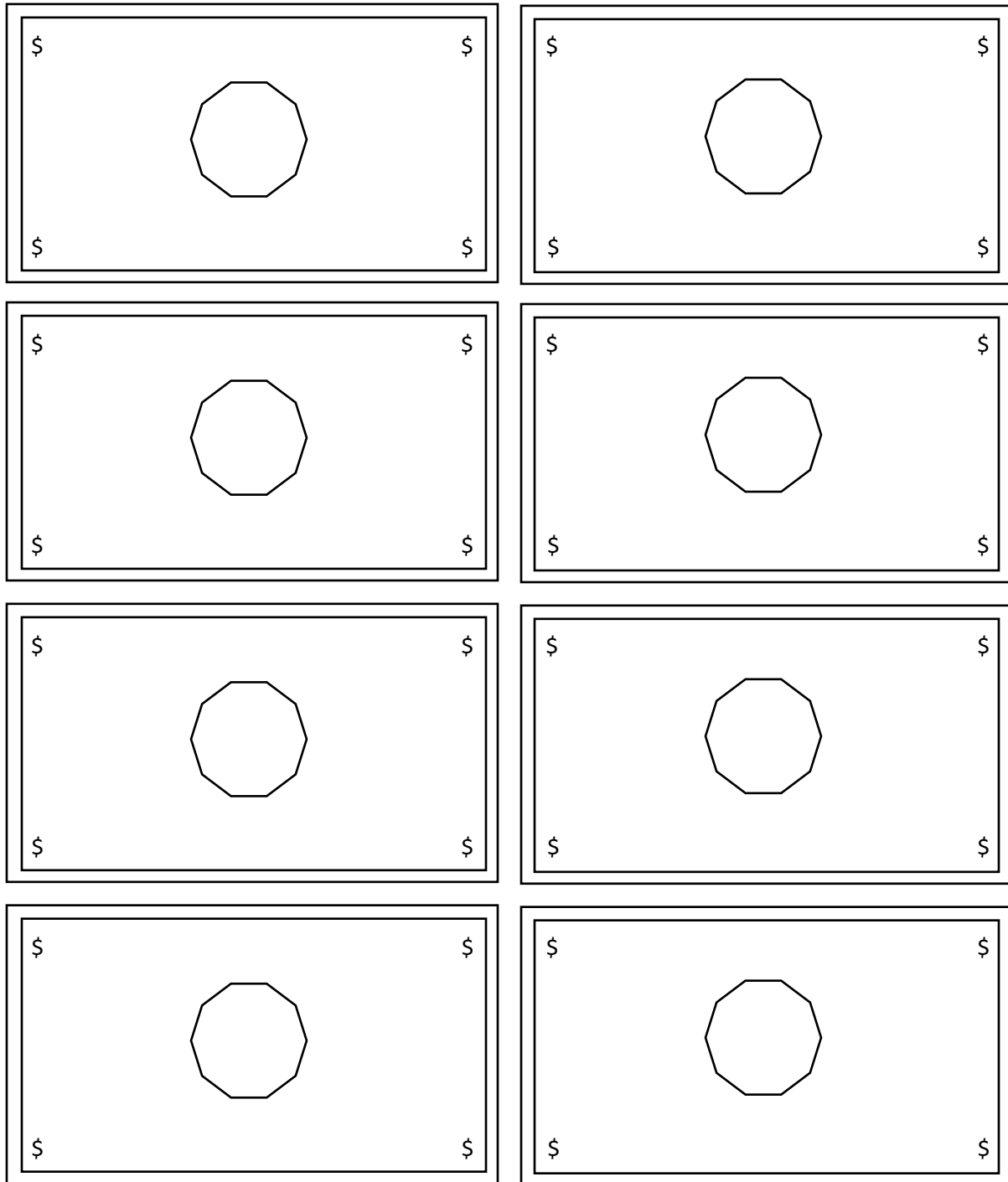
## Lesson 5, Activity (Page 11)

Bravery: self – evaluation

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True	False	
<input type="checkbox"/>	<input type="checkbox"/>	I stand up for what is right even if I stand alone.
<input type="checkbox"/>	<input type="checkbox"/>	I don't cave in to negative peer pressure.
<input type="checkbox"/>	<input type="checkbox"/>	Fear of failure does not prevent me from trying things.
<input type="checkbox"/>	<input type="checkbox"/>	I work to solve problems without violence.
<input type="checkbox"/>	<input type="checkbox"/>	I never intentionally ridicule, embarrass or hurt others
<input type="checkbox"/>	<input type="checkbox"/>	I am not afraid to express myself just because someone will disapprove.
<input type="checkbox"/>	<input type="checkbox"/>	I think I am/ am not a brave person because:

## Lesson 8 Activity (Page 17)



## Traditions

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### Lesson 1:

Imam Sajjad (pbuh):

خَيْرُ مَفَاتِيحِ الْأُمُورِ الصَّدْقُ وَ خَيْرُ خَوَاتِيمِهَا الْوَفَاءُ؛

The best beginning for tasks is truth and honesty and the best end to them is loyalty and commitment.

بحار الأنوار ج 75، ص 161

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### Lesson 2:

Imam Ali (pbuh)

كَفَاكَ مُؤَدِّبًا لِنَفْسِكَ تَجَنُّبُ مَا كَرِهْتَهُ مِنْ غَيْرِكَ؛

To make yourself respectful, it is enough to avoid those things that you don't like in others

تصنيف غررالحكم و دررالکلم ص 247 ، ح 5089

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### Lesson 3:

Imam Baqir (pbuh):

قُلِ الْحَقَّ وَ لَوْ عَلَى نَفْسِكَ

Tell the truth even if it is against you

بحار الانوار، 71 / 157، باب 10، حديث 2

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### Lesson 4:

Imam Ali (pbuh):

قِلَّةُ الْعَفْوِ أَقْبَحُ الْعُيُوبِ وَ التَّسَرُّعُ إِلَى الْإِنْتِقَامِ أَعْظَمُ الذُّنُوبِ

Lacking forgiveness is the worst of deficiencies and hasting in vengeance is the greatest sins.

(فهرست غرر، ص ۲۵۳)

### Lesson 5:

Prophet Muhammad (pbuh):

الْصَّرَعَةُ كُلُّ الصَّرَعَةِ الَّتِي يَغْضَبُ فَيَشْتَدُّ غَضَبُهُ وَيَحْمَرُّ وَجْهُهُ وَيَقْشَعِرُ شَعْرُهُ فَيَصْرَعُ غَضَبَهُ

The highest level of bravery is that someone becomes angry and while his or her anger increases they control their anger

نهج الفصاحه ص 549 ، ح 1872

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### Lesson 6:

Imam Ali (pbuh):

ان لاهل التقوى علامات يعرفون بها: صدق الحديث و أداء الأمانة و وفاء العهد

The signs of a righteous person are that they are truthful, trustworthy, and fulfill their commitments

تفسير العياشي ج 2 ، ص 213 ، ح 50

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### Lesson 7:

Prophet Muhammad (pbuh):

أَعَدَلُ النَّاسِ مَنْ رَضِيَ لِلنَّاسِ مَا يَرْضَى لِنَفْسِهِ وَكَرِهَ لَهُمْ مَا يَكْرَهُ لِنَفْسِهِ؛

The most just person is the one who likes for others what he or she likes for themselves, and whatever they dislike themselves they dislike for others

من لا يحضر الفقيه ج 4 ، ص 395

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### Lesson 8:

Imam Ali (pbuh):

الإِثَارُ أَحْسَنُ الْإِحْسَانِ ، وَ أَعْلَى مَرَاتِبِ الْإِيمَانِ

The best of all good deeds and the highest level of faith is sacrifice (Prefer others needs over your own)

( غرر الحكم : ١٧٠٥ )

### Lesson 9:

Prophet Muhammad (pbuh):

مَنْ لَا يَرْحَمُ لَا يُرْحَمُ وَمَنْ لَا يُغْفِرُ لَا يُغْفَرُ لَهُ وَمَنْ لَا يَتُوبُ لَا يَقْبَلُ اللَّهُ عَلَيْهِ

The one who doesn't have mercy won't receive mercy, the one who doesn't forgive won't be forgiven, and the one who doesn't accept apology Allah will not accept his or her repentance

منبع: غرر الحکم، ج ۲، ص ۴۳۸، ح ۳۲۰۱

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### Lesson 10:

Prophet Muhammad (pbuh):

طَوْبِي لِلْمُخْلِصِينَ، أَوْلِيَاكَ مَصَابِيحُ الْهُدَى تَنْجِلِي عَنْهُمْ كُلَّ فِتْنَةٍ ظُلُمَاءَ

Good for devoted people, they are the lantern of guidance and are away from any trouble and darkness

(میزان الحکمة، ج ۳، ص ۶۲)

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### Lesson 11:

Imam Ali (pbuh):

الصَّبْرُ مِفْتَاحُ الدَّرَكِ وَالنُّجْحُ عُقْبَى مَنْ صَبَرَ

Patience is the key to understanding and prosperity is for those who endure

بحار الأنوار، جلد 75، صفحه 45



## JOURNAL ENTRY 1

Topic: Design a flag that represents what you are loyal to. Write an explanation.

Draw a picture:

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## JOURNAL ENTRY 2

Topic: Draw a flower garden and write about how respect grows in the Garden of Honor.

Draw a picture:

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## JOURNAL ENTRY 3

**Topic:** Draw 1 happy face and 1 sad face. Write truth (positive) actions under the happy face (Praise Allah, Tell the truth etc) and write untrue (negative) actions (Tell Lies, Gheebat, etc) under the sad face.

Draw a picture:

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## JOURNAL ENTRY 4

Topic: Draw hands doing dua and write about something you would like Allah (swt) to forgive you for.

Draw a picture:

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## JOURNAL ENTRY 5

Topic: Draw a Shield and write what bravery means to you.

Draw a picture:

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## JOURNAL ENTRY 6

Topic: Make a flower with five petals and write one quality of a pious person in each petal.

Draw a picture:

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## JOURNAL ENTRY 7

Topic: Imam Hussain (as) stood up to Yazid because he was an unjust ruler. Pick a scenario that is happening in the world today that is unjust. Draw a picture and write about actions world leaders can take to make it more just.

Draw a picture:

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## JOURNAL ENTRY 8

**Topic:** What is one thing you like to do that you could sacrifice for your own good or the greater good? (For example, sacrificing some play time to pray or to recite Quran). Draw a picture and explain why this would be a good sacrifice to make?

Draw a picture:

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## JOURNAL ENTRY 9

Topic: Design a flag that represents what you are loyal to. Write an explanation.

Draw a picture:

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## JOURNAL ENTRY 10

Topic: Draw a flower garden and write about how respect grows in the Garden of Honor.

Draw a picture:

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## JOURNAL ENTRY 11

Topic: Design a flag that represents what you are loyal to. Write an explanation.

Draw a picture:



**Islamic Center of Zahra (SA)**

**Department of Education**

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